

## **Illinois Firefighter Peer Support Team Provider List**

### **Service Providers That Specialize in Serving Firefighters and First Responders**

(This list includes providers from Illinois and other states that have been endorsed by firefighters. The contact information and specializations below contain the information that was given by each provider.)



### Mental Health Clinicians

(Please reference Appendix A for explanation of credentials)

#### Illinois Providers:

NAME	ADDRESS	PHONE/EMAIL/WEB	SPECIALIZATIONS
<b>Dr. John Baker Ph.D</b>	1701 Curtis Road, Champaign, IL 61822	217-365-6206 <a href="http://www.carle.org/Providers/Details.aspx?ID=1064">www.carle.org/Providers/Details.aspx?ID=1064</a>	Anxiety, Mood, Forensic, Marriage
<b>Mark Benson LCPC  ILFFPS Clinical Consultant</b>	Normal, IL	309-212-4192  <a href="mailto:markbensonLCPC@gmail.com">markbensonLCPC@gmail.com</a>	CIT training, Trauma, Depression, Anxiety, Couples, Substance Abuse
<b>Dr. Matthew Brandon MD</b>	455 Briargate, South Elgin IL	847-622-0526  <a href="https://www.dupagemedicalgroup.com/physicians/matthew-brandon-md">https://www.dupagemedicalgroup.com/physicians/matthew-brandon-md</a>	Primary Care Physician
<b>Dr. Sherry Falsetti Ph.D</b>	1221 E. State Street, Rockford, IL 61104	815-972-1000  <a href="http://rockford.medicine.uic.edu/">http://rockford.medicine.uic.edu/</a>	PTSD
<b>Laura Farrar LCPC</b>	640 N. River Road, Naperville, IL, Suite 108 60563	630- 718-0717 ext 206  <a href="mailto:laurafarrar@fvinstitute.com">laurafarrar@fvinstitute.com</a>  <a href="http://fvinstitute.com/bio/laura-ahrens-farrar/">http://fvinstitute.com/bio/laura-ahrens-farrar/</a>	Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, Self Harm, Self Esteem, Trauma
<b>Dr. Marla Friedman Psy.D</b>	417 W. Roosevelt Road, Wheaton, IL 60187, Suite 10	630-510-3966  <a href="mailto:booklight@att.net">booklight@att.net</a>  <a href="http://www.badgeoflife.com/marla-friedman-psy-d-pc-director/">http://www.badgeoflife.com/marla-friedman-psy-d-pc-director/</a>	Trauma, Sexual Dysfunction, Depression, PTSD, Anxiety. Licensed in IL and MI, and is fluent in Sign Language
<b>Cheryl Frommelt MS, LCPC</b>	640 N. River Road, Suite 108,	630-718-0717  <a href="mailto:cheryl@fvinstitute.com">cheryl@fvinstitute.com</a>	Marriage and Family, ADHD (adults & children) Bullying, Sexual Issues,

	Naperville, IL 60563	<a href="http://fvinstitute.com/bio/cheryl-frommelt/">http://fvinstitute.com/bio/cheryl-frommelt/</a>	Infertility, Trauma, Depression, Anxiety, Blended Family Adjustment
<b>Dr. Rukhsana Igbul M.D (Psychiatrist)</b>	120 Ogden Avenue, Hinsdale, IL 60521	630-920-1795 <a href="https://www.doximity.com/pub/rukhsana-iqbal-md">https://www.doximity.com/pub/rukhsana-iqbal-md</a>	Board Certified in Psychiatry and Family Medicine
<b>Katie Johnson LCPC ILFFPS Clinical Consultant</b>	215 N. Main Street, Algonquin, IL 60102	630-730-2040 <a href="mailto:Katiejohnson1211@yahoo.com">Katiejohnson1211@yahoo.com</a> <a href="https://www.psychologytoday.com/us/therapists/proactive-behavioral-services-katie-johnson-lcpc-algonquin-il/299251">https://www.psychologytoday.com/us/therapists/proactive-behavioral-services-katie-johnson-lcpc-algonquin-il/299251</a>	First Responder Groups, PTSD, Sexual Assault, Relationship Issues, Depression, Anxiety
<b>Robert Jackman LCPC</b>	311 N. 2 <sup>nd</sup> Street, Suite 304, St. Charles, IL 60174	630-721-5765 <a href="http://robertjackmantherapy.com/">http://robertjackmantherapy.com/</a>	Addiction, Anger Management, Domestic Abuse, OCD, Chronic Pain, Divorce, Traumatic Brain Injury, LGBT, Sex Addiction
<b>Mary Krueger LCPC</b>	2615 Three Oaks Road, 1C #6, Cary, IL 60013	847-908-3472 <a href="https://therapists.psychologytoday.com/rms/name/Mary_J._Krueger_MS,LCPC,CGP_Cary_Illinois_46556">https://therapists.psychologytoday.com/rms/name/Mary_J._Krueger_MS,LCPC,CGP_Cary_Illinois_46556</a>	Anxiety, Trauma, Relationships, Adoption, Post Partum, Transgender
<b>Jodi Macaluso LCPC, CADC</b>	1644 Colonial Parkway, Inverness, IL 60067	847-776-4500 <a href="http://www.pbsdoctors.com">www.pbsdoctors.com</a>	Substance Abuse, Anxiety, Relationships, Trauma, Depression, Life Transition, Grief
<b>Fred Martinez LCSW</b>	2721 Glenwood Court, Rockford, IL 61101	815-968-5342 <a href="mailto:info@glenwoodcenter.com">info@glenwoodcenter.com</a> <a href="http://www.glenwoodcenter.com/Fred-Martinez.aspx">http://www.glenwoodcenter.com/Fred-Martinez.aspx</a>	Children, Adolescents, Bipolar Disorder, Anxiety, Co-occurring Disorders (substance abuse + other disorder), Sports Counseling, Trauma
<b>Dr. Kristy McKiness Ed.D, LCPC, ACS</b>	1444 N. Farnsworth Avenue, Suite 304, Aurora, IL 60505	331-213-9706 ext 3 <a href="mailto:kristy@thekminstitute.com">kristy@thekminstitute.com</a> <a href="http://www.thekminstitute.com">www.thekminstitute.com</a>	<i>ILFFPS Clinical Director</i> , Trauma, PTSD, Grief, Self Injury, Divorce, Adolescents, Depression, Anxiety, College Adjustment, Weight Loss, Self

			Esteem, Sexual Assault
<b>RJ McNicholl LCSW</b>	201 Springfield Avenue, Suite 605, Champaign, IL 61820	217-722-9079  <a href="http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html">http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html</a>	ADHD, Depression, Anxiety, Trauma, PTSD, Marriage Counseling, Relationships
<b>Dr. Scott Nelson Ed.D, LCPC, ACS, CRADC, SAP</b>	<b>2 locations:</b> 6066 Strathmoor Drive, Suite C2, Rockford, IL 61107 and  8600 US Highway 14, Suite 105, Crystal Lake, IL 60012	815-916-9970  <a href="mailto:counselingtransforms@gmail.com">counselingtransforms@gmail.com</a>  <a href="https://therapists.psychologytoday.com/rms/name/J.+Scott+Nelson+EdD,NCC,LCPC,CRADC,SAP+Rockford+Illinois+79997">https://therapists.psychologytoday.com/rms/name/J.+Scott+Nelson+EdD,NCC,LCPC,CRADC,SAP+Rockford+Illinois+79997</a>	Substance Abuse, Insomnia, Career Counseling, Chronic Relapse, Impulsivity, Depression, PTSD, CISD, Anxiety, Eating Disorders, Sex Addition, Self Harm, Borderline Personality Disorder, Life Transition
<b>Dr. Nishad Nadkarni MD</b>	1100 West Lake Cook Road Suite 130 Buffalo Grove, IL 60 089	<a href="tel:2243728408">(224) 372-8408</a>  <a href="https://www.psychologytoday.com/us/psychiatrists/nishad-nadkarni-buffalo-grove-il/736120">https://www.psychologytoday.com/us/psychiatrists/nishad-nadkarni-buffalo-grove-il/736120</a>	Psychiatry Services, Fitness for Duty Evaluations  Dr. Nadkarni is a former volunteer firefighter and auxiliary police officer.
<b>Olivia O'Hare LCSW</b>	Irving & Associates in Behavioral Health 5151 Mochel Drive Suite 307 Downers Grove, IL 60 515	<a href="tel:6302259261">(630) 225-9261</a>  <a href="https://www.psychologytoday.com/us/therapists/olivia-ohare-downers-grove-il/314950">https://www.psychologytoday.com/us/therapists/olivia-ohare-downers-grove-il/314950</a>	Depression and Bipolar Disorder in Children/Teens/Adults , Depression, Anxiety, Parenting Issues, Family Therapy, SAP assessments and substance abuse
<b>Dr. Oana Patrasco MD</b>	Aurora, IL	630-692-5244  <a href="https://doctors.rush.edu/details/18626">https://doctors.rush.edu/details/18626</a>	Family Practice Provider/Primary Care Physician

<b>Maricela Perez RN, MSN, FNP- BC</b>	314 E. Downer Place Aurora, IL 60505	Phone: 630-346-3995   Fax: 630-884-3800  <a href="https://santamaria-health.com/">https://santamaria-health.com/</a>	Psychiatric Nurse Practitioner  Prescribes Psychiatric Medications for adolescents – adult.
<b>Lauren Prandato LCSW</b>	1220 Iroquois Avenue, Suite 207, Naperville, IL 60563	815-401-9286  <a href="mailto:laurenlcsw@yahoo.com">laurenlcsw@yahoo.com</a>  <a href="https://therapists.psychologytoday.com/rms/name/Lauren_Prandato+(Mcnamara)_MSW,LCSW_Naperville_Illinois_153116">https://therapists.psychologytoday.com/rms/name/Lauren_Prandato+(Mcnamara)_MSW,LCSW_Naperville_Illinois_153116</a>	Autism Spectrum, ADHD, Anger, School Issues, Self Esteem, Children and Adolescents
<b>Pat Spangler, LCPC, CADC</b>	6392 Linden Road, Rockford, IL 61109	779-368-0060  <a href="mailto:Pspangler@kpcounseling.com">Pspangler@kpcounseling.com</a>  <a href="http://www.kpcounseling.com/about-us/staff/pat-spangler/">http://www.kpcounseling.com/about-us/staff/pat-spangler/</a>	Substance Abuse and Opiate Addition, Group Therapy, Adolescents
<b>Dene Stamas LCPC</b>	2 E. 22 <sup>nd</sup> Street, Suite 302, Lombard, IL 60148	630-495-2014  <a href="https://therapists.psychologytoday.com/rms/name/Dene_T_Stamas_MA,LCPC_Lombard_Illinois_49567">https://therapists.psychologytoday.com/rms/name/Dene_T_Stamas_MA,LCPC_Lombard_Illinois_49567</a>	DUI Services, Gambling, Relationship Issues, Internet Addiction, Parenting, Eating Disorders
<b>Michael Sullivan MA, CADC</b>	2200 Main Street, Lombard, IL 60148	630-705-0067  <a href="http://www.lifeskillsauthorities.com/content/?s=486&amp;s2=543&amp;p=543&amp;t=Recovery-Team---Psychotherapy">http://www.lifeskillsauthorities.com/content/?s=486&amp;s2=543&amp;p=543&amp;t=Recovery-Team---Psychotherapy</a>	PTSD, Depression, Anxiety, Addictions
<b>Jim Tift CADC</b>	25 E Washington Street, Suite 1811, Chicago, IL 60602	312-213-9652  <a href="http://npino.com/counselor/1609096544-mr.-james-richard-tift/">http://npino.com/counselor/1609096544-mr.-james-richard-tift/</a>	Substance Abuse Services Specifically
<b>Joe Tiarks LCPC</b>	201 Springfield Avenue, Suite 605, Champaign, IL 61820	217-548-4130  <a href="http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html">http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html</a>	Couples Counseling, Anxiety, Depression
<b>Dr. Kyle Weber Ph.D</b>	1555 Naperville/ Wheaton	630-581-2215	Eating Disorders, Autism Spectrum Disorder, Depression,

	Road, Suite 201, Naperville, IL 60563	<a href="https://therapists.psychologytoday.com/rms/name/Kyle_Weber_PhD_Naperville_Illinois_103490">https://therapists.psychologytoday.com/rms/name/Kyle_Weber_PhD_Naperville_Illinois_103490</a>	Behavioral Issues, Psychological Testing
<b>Dr. Howard Weissman Psy.D</b>	1440 Techny Road, Northbrook, IL 60062	847-412-0922 <a href="http://www.stressreliefcenter.com/team/dr-howard-k-weissman/">http://www.stressreliefcenter.com/team/dr-howard-k-weissman/</a>	EMDR, OCD, PTSD, Certified Holistic Healing Techniques
<b>Dr. Myra West Psy.D</b>	1945 S. Halsted Street, Suite 301, Chicago, IL 60608	312-305-8739 <a href="https://www.linkedin.com/in/myra-d-west-psy-d-b7ba1b36">https://www.linkedin.com/in/myra-d-west-psy-d-b7ba1b36</a>	Trauma, Expert Witness of Childhood Trauma
<b>Dr. Keith White Ph.D</b>	1802 S. Mattis Avenue, Champaign, IL 61821	217-326-1330 <a href="https://carle.org/Providers/Details.aspx?ID=507">https://carle.org/Providers/Details.aspx?ID=507</a>	Trauma, Chronic Insomnia, Mind/Body Connection, Marriage Counseling

### **Appendix A: Explanation of Clinician Credentials**

- **CADC:** Certified Alcohol and Other Drug Counselor: These individuals may or may not have a master's degree and/or license, but have extensive training in providing substance abuse treatment. CADC is a certification in provision of substance abuse services.
- **LCSW:** Licensed Clinical Social Worker: Clinicians who have the highest licensure level as a master's degree level social worker. **LSW/MSW** is the first tier social work license that is earned prior to the LCSW.
- **LCPC:** Licensed Clinical Professional Counselor: Clinicians who have the highest licensure level as a master's degree level counselor. **LPC** is the first tier counseling license that is earned prior to the LCPC.
- **LMFT:** Licensed Marriage and Family Therapist: Clinicians who have a master's degree and specialize in couples/family therapy. **MFT** is the first tier counseling license that is earned prior to the LMFT.
- **Psy.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services

- **Ph.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
- **Ed.D:** Clinicians who have a doctorate degree in Mental Health Counseling and Higher Education. They often teach counseling at universities to master's and doctoral level counselors-in-training in addition to providing mental health services. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCPC license because only psychologists have a license that specifically indicates a doctorate in psychology.
- **DSW:** Clinicians who have a doctorate degree in Social Work. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCSW license because only psychologists have a license that specifically indicates a doctorate in psychology.
- **Psychiatrist:** A medical doctor that specializes in prescribing psychiatric medications. Psychiatrists rarely provide counseling services; they primarily prescribe medications.
- *The above credentials reflect the slight variations between social workers, counselors, psychologists, and psychiatrists; all of whom provide a variety of mental health services.*