**Illinois Firefighter Peer Support Team Provider List**

**Service Providers That Specialize in Serving Firefighters and First Responders**

(This list includes providers from Illinois and other states that have been endorsed by firefighters. The contact information and specializations below contain the information that was given by each provider.)



**Mental Health Clinicians**

(Please reference Appendix A for explanation of credentials)

**Illinois Providers:**

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| --- | --- | --- | --- |
| **NAME** | **ADDRESS** | **PHONE/EMAIL/WEB** | **SPECIALIZATIONS** |
| **Dr. John Baker**  **Ph.D** | 1701 Curtis Road, Champaign, IL 61822 | 217-365-6206  [www.carle.org/Providers/Details.aspx?ID=1064](http://www.carle.org/Providers/Details.aspx?ID=1064) | Anxiety, Mood, Forensic, Marriage |
| **Dr. Vana Bowen Psy.D** | **2 locations:**  Aurora & Batavia on Farnsworth Avenue  35 Burdent Drive Suite B, Crystal Lake, IL 60014 | Aurora/Batavia 630- 236-8599  Crystal Lake 815 -575-2357  <http://www.drvbowen.com/index.htm> | Play Therapy, Trauma, Sex Addition, Domestic Violence |
| **Dr. Sherry Falsetti**  **Ph.D** | 1221 E. State Street, Rockford, IL 61104 | 815-972-1000  <http://rockford.medicine.uic.edu/> | PTSD |
| **Laura Farrar**  **LCPC** | 640 N. River Road, Naperville, IL, Suite 108 60563 | 630- 718-0717 ext 206  [laurafarrar@fvinstitute.com](mailto:laurafarrar@fvinstitute.com)  <http://fvinstitute.com/bio/laura-ahrens-farrar/> | Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, Self Harm, Self Esteem, Trauma |
| **Dr. Marla Friedman**  **Psy.D** | 417 W. Roosevelt Road, Wheaton, IL 60187, Suite 10 | 630-510-3966  [booklight@att.net](mailto:booklight@att.net)  <http://www.badgeoflife.com/marla-friedman-psy-d-pc-director/> | Trauma, Sexual Dysfunction, Depression, PTSD, Anxiety. Licensed in IL and MI, and is fluent in Sign Language |
| **Cheryl Frommelt**  **MS, LCPC** | 640 N. River Road, Suite 108, Naperville, IL 60563 | 630-718-0717  [cheryl@fvinstitute.com](mailto:cheryl@fvinstitute.com)  <http://fvinstitute.com/bio/cheryl-frommelt/> | Marriage and Family, ADHD (adults & children) Bullying, Sexual Issues, Infertility, Trauma, Depression, Anxiety, Blended Family Adjustment |
| **Jada Hudson, MS, LCPC, CADC** | **2 Locations:**  263 Main Street, Sugar Grove, IL 60554 and    102 South Washington, 2nd floor, Hinsdale, IL 60521 | 630-815-3735  [Hudson.illffps@att.net](mailto:Hudson.illffps@att.net)  <http://hudsonclinicalcounseling.com/> | Substance Abuse, Trauma, Pediatric Death, Chronic Illness, Depression, Children & Adolescents, Womens Issues, Divorce, Anxiety |
| **Dr. Rukhsana Igbul M.D (Psychiatrist)** | 120 Ogden Avenue, Hinsdale, IL 60521 | 630-920-1795  <https://www.doximity.com/pub/rukhsana-iqbal-md> | Board Certified in Psychiatry and Family Medicine |
| **Katherine Johnson LCPC** | 215 N. Main Street, Algonquin, IL 60102 | 630-730-2040  [Katiejohnson1211@yahoo.com](mailto:Katiejohnson1211@yahoo.com) | First Responder Groups, PTSD, Sexual Assault, Relationship Issues, Depression, Anxiety |
| **Robert Jackman LCPC** | 311 N. 2nd Street, Suite 304, St. Charles, IL 60174 | 630-721-5765  <http://robertjackmantherapy.com/> | Addiction, Anger Management, Domestic Abuse, OCD, Chronic Pain, Divorce, Traumatic Brain Injury, LGBT, Sex Addition |
| **Mary Krueger LCPC** | 2615 Three Oaks Road, 1C #6, Cary, IL 60013 | 847-908-3472  <https://therapists.psychologytoday.com/rms/name/Mary_J._Krueger_MS,LCPC,CGP_Cary_Illinois_46556> | Anxiety, Trauma, Relationships, Adoption, Post Partum, Transgender |
| **Jodi Macaluso LCPC, CADC** | 1644 Colonial Parkway, Inverness, IL 60067 | 847-776-4500  [www.pbsdoctors.com](http://www.pbsdoctors.com) | Substance Abuse, Anxiety, Relationships, Trauma, Depression, Life Transition, Grief |
| **Fred Martinez LCSW** | 2721 Glenwood Court, Rockford, IL 61101 | 815-968-5342  [info@glenwoodcenter.com](mailto:info@glenwoodcenter.com)  <http://www.glenwoodcenter.com/Fred-Martinez.aspx> | Children, Adolescents, Bipolar Disorder, Anxiety, Co-occurring Disorders (substance abuse + other disorder), Sports Counseling, Trauma |
| **Dr. Kristy McKiness Ed.D, LCPC, ACS** | 1444 N. FarnsworthAvenue, Suite 120, Aurora, IL 60505 | 331-213-9706 ext 3  [kristy@thekminstitute.com](mailto:kristy@thekminstitute.com)  [www.thekminstitute.com](http://www.thekminstitute.com) | *ILFFPS Clinical Director,* Trauma, PTSD, Grief, Self Injury, Divorce, Adolescents, Depression, Anxiety, College Adjustment, Weight Loss, Self Esteem, Sexual Assault |
| **RJ McNicholl LCSW** | 201 Springfield Avenue, Suite 605, Champaign, IL 61820 | 217-722-9079  <http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html> | ADHD, Depression, Anxiety, Trauma, PTSD, Marriage Counseling, Relationships |
| **Dr. Scott Nelson Ed.D, LCPC, ACS, CRADC, SAP** | **2 locations:**  6066 Strathmoor Drive, Suite C2, Rockford, IL 61107 and  8600 US Highway 14, Suite 105, Crystal Lake, IL 60012 | 815-916-9970  [counselingtransforms@gmail.com](mailto:counselingtransforms@gmail.com)  <https://therapists.psychologytoday.com/rms/name/J.+Scott_Nelson_EdD,NCC,LCPC,CRADC,SAP_Rockford_Illinois_79997> | *ILFFPS Clinical Consultant:*  Substance Abuse, Insomnia, Career Counseling, Chronic Relapse, Impulsivity, Depression, PTSD, CISD, Anxiety, Eating Disorders, Sex Addition, Self Harm, Borderline Personality Disorder, Life Transition |
| **Olivia O’Hare LCSW** | 2948 Artesian Road, Suite 112, Naperville, IL 60564 | 630-428-7890  <http://www.edgewoodclinicalservices.com/counselors/olivia-ohare-lcsw/> | Depression and Bipolar Disorder in Children/Teens/Adults, Depression, Anxiety, Parenting Issues, Family Therapy |
| **Lauren Prandato LCSW** | 1220 Iroquois Avenue, Suite 207, Naperville, IL 60563 | 815-401-9286  [laurenlcsw@yahoo.com](mailto:laurenlcsw@yahoo.com)  <https://therapists.psychologytoday.com/rms/name/Lauren_Prandato+(Mcnamara)_MSW,LCSW_Naperville_Illinois_153116> | Autism Spectrum, ADHD, Anger, School Issues, Self Esteem, Children and Adolescents |
| **Dr. Ray Redick Psy.D, CADC** | 901 N. First Street, Suite 225, Springfield, IL 62702 | 217-788-4065  <http://www.memorialeap.org/Our-Team/Ray-Redick.aspx> | Substance Abuse and Addiction, Fitness for Duty Evaluations, Anxiety, Divorce, Parenting Issues |
| **Pat Spangler, LCPC, CADC** | 6392 Linden Road, Rockford, IL 61109 | 779-368-0060  [Pspangler@kpcounseling.com](mailto:Pspangler@kpcounseling.com)  <http://www.kpcounseling.com/about-us/staff/pat-spangler/> | Substance Abuse and Opiate Addition, Group Therapy, Adolescents |
| **Dene Stamas LCPC** | 2 E. 22nd Street, Suite 302, Lombard, IL 60148 | 630-495-2014  <https://therapists.psychologytoday.com/rms/name/Dene_T_Stamas_MA,LCPC_Lombard_Illinois_49567> | DUI Services, Gambling, Relationship Issues, Internet Addiction, Parenting, Eating Disorders |
| **Michael Sullivan MA, CADC** | 2200 Main Street, Lombard, IL 60148 | 630-705-0067  <http://www.lifeskillsauthorities.com/content/?s=486&s2=543&p=543&t=Recovery-Team---Psychotherapy> | PTSD, Depression, Anxiety, Addictions |
| **Jim Tifft CADC** | 25 E Washington Street, Suite 1811, Chicago, IL 60602 | 312-213-9652  <http://npino.com/counselor/1609096544-mr.-james-richard-tifft/> | Substance Abuse Services Specifically |
| **Joe Tiarks LCPC** | 201 Springfield Avenue, Suite 605, Champaign, IL 61820 | 217-548-4130  <http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html> | Couples Counseling, Anxiety, Depression |
| **Dana Torres LCPC** | 1150 Essington Road, Joliet IL 60435 | [(815) 573-0815](tel:8155730815)  <https://therapists.psychologytoday.com/rms/name/Dana_Torres_LCPC_Joliet_Illinois_195213> | Counsels ages toddler through adult, Adoption, PTSD, Domestic Violence, Parenting, Self Esteem |
| **Dr. Kyle Weber Ph.D** | 1555 Naperville/Wheaton Road, Suite 201, Naperville, IL 60563 | 630-581-2215  <https://therapists.psychologytoday.com/rms/name/Kyle_Weber_PhD_Naperville_Illinois_103490> | Eating Disorders, Autism Spectrum Disorder, Depression, Behavioral Issues, Psychological Testing |
| **Dr. Howard Weissman Psy.D** | 1440 Techny Road, Northbrook, IL 60062 | 847-412-0922  <http://www.stressreliefcenter.com/team/dr-howard-k-weissman/> | EMDR, OCD, PTSD, Certified Holistic Healing Techniques |
| **Dr. Myra West Psy.D** | 1945 S. Halsted Street, Suite 301, Chicago, IL 60608 | 312-305-8739  <https://www.linkedin.com/in/myra-d-west-psy-d-b7ba1b36> | Trauma, Expert Witness of Childhood Trauma |
| **Dr. Keith White Ph.D** | 1802 S. Mattis Avenue, Champaign, IL 61821 | 217-326-1330  <https://carle.org/Providers/Details.aspx?ID=507> | Trauma, Chronic Insomnia, Mind/Body Connection, Marriage Counseling |

**Appendix A: Explanation of Clinician Credentials**

* **CADC:** Certified Alcohol and Other Drug Counselor: These individuals may or may not have a master’s degree and/or license, but have extensive training in providing substance abuse treatment. CADC is a certification in provision of substance abuse services.
* **LCSW**: Licensed Clinical Social Worker: Clinicians who have the highest licensure level as a master’s degree level social worker. **LSW/MSW** is the first tier social work license that is earned prior to the LCSW.
* **LCPC**: Licensed Clinical Professional Counselor: Clinicians who have the highest licensure level as a master’s degree level counselor. **LPC** is the first tier counseling license that is earned prior to the LCPC.
* **LMFT**: Licensed Marriage and Family Therapist: Clinicians who have a master’s degree and specialize in couples/family therapy. **MFT** is the first tier counseling license that is earned prior to the LMFT.
* **Psy**.**D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
* **Ph**.**D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
* **Ed**.**D:** Clinicians who have a doctorate degree in Mental Health Counseling and Higher Education. They often teach counseling at universities to master’s and doctoral level counselors-in-training in addition to providing mental health services. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCPC license because only psychologists have a license that specifically indicates a doctorate in psychology.
* **DSW:** Clinicians who have a doctorate degree in Social Work. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCSW license because only psychologists have a license that specifically indicates a doctorate in psychology.
* **Psychiatrist**: A medical doctor that specializes in prescribing psychiatric medications. Psychiatrists rarely provide counseling services; they primarily prescribe medications.
* *The above credentials reflect the slight variations between social workers, counselors, psychologists, and psychiatrists; all of whom provide a variety of mental health services.*