

Illinois Firefighter Peer Support Team Provider List

Service Providers That Specialize in Serving Firefighters and First Responders

(This list includes providers from Illinois and other states that have been endorsed by firefighters. The contact information and specializations below contain the information that was given by each provider.)



Mental Health Clinicians

(Please reference Appendix A for explanation of credentials)

Illinois Providers:

NAME	ADDRESS	PHONE/EMAIL/WEB	SPECIALIZATIONS
Dr. John Baker Ph.D	1701 Curtis Road, Champaign, IL 61822	217-365-6206 www.carle.org/Providers/Details.aspx?ID=1064	Anxiety, Mood, Forensic, Marriage
Dr. Sherry Falsetti Ph.D	1221 E. State Street, Rockford, IL 61104	815-972-1000 http://rockford.medicine.uic.edu/	PTSD
Laura Farrar LCPC	640 N. River Road, Naperville, IL, Suite 108 60563	630- 718-0717 ext 206 laurafarrar@fvinstitute.com http://fvinstitute.com/bio/laura-ahrens-farrar/	Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, Self Harm, Self Esteem, Trauma
Dr. Marla Friedman Psy.D	417 W. Roosevelt Road, Wheaton, IL 60187, Suite 10	630-510-3966 booklight@att.net http://www.badgeoflife.com/marla-friedman-psy-d-pc-director/	Trauma, Sexual Dysfunction, Depression, PTSD, Anxiety. Licensed in IL and MI, and is fluent in Sign Language
Cheryl Frommelt MS, LCPC	640 N. River Road, Suite 108, Naperville, IL 60563	630-718-0717 cheryl@fvinstitute.com http://fvinstitute.com/bio/cheryl-frommelt/	Marriage and Family, ADHD (adults & children) Bullying, Sexual Issues, Infertility, Trauma, Depression, Anxiety, Blended Family Adjustment
Jada Hudson, MS, LCPC, CADC	2 Locations: 263 Main Street, Sugar	630-815-3735 Hudson.illffps@att.net http://hudsonclinicalcounseling.com/	<i>ILFFPS Clinical Consultant</i> , Substance Abuse, Trauma, Pediatric Death, Chronic Illness,

	Grove, IL 60554 and 102 South Washington, 2 nd floor, Hinsdale, IL 60521		Depression, Children & Adolescents, Womens Issues
Dr. Rukhsana Igbul M.D (Psychiatrist)	120 Ogden Avenue, Hinsdale, IL 60521	630-920-1795 https://www.doximity.com/pub/rukhsana-iqbal-md	Board Certified in Psychiatry and Family Medicine
Katherine Johnson LCPC	1305 Wiley Road, Suite 125, Schaumburg ,IL, 60173	847-240-5080 kjohnson@corepsychcenter.com http://www.corepsychcenter.com/katherine-johnson/	First Responder Groups, PTSD, Sexual Assault, Relationship Issues, Depression, Anxiety
Dr. Bethany Juby Psy.D	10522 D. Cicero Avenue Suite 401, Oak Lawn, IL 60453	708-315-2774 https://therapists.psychologytoday.com/rms/name/Bethany_Juby_PsyD_Oak+Lawn_Illinois_251687	Alcohol Abuse, Anger Management, Family Conflict, Grief, Trauma, PTSD, Weight Loss, Divorce
Robert Jackman LCPC	311 N. 2 nd Street, Suite 304, St. Charles, IL 60174	630-721-5765 http://robertjackmantherapy.com/	Addiction, Anger Management, Domestic Abuse, OCD, Chronic Pain, Divorce, Traumatic Brain Injury, LGBT, Sex Addition
Fred Martinez LCSW	2721 Glenwood Court, Rockford, IL 61101	815-968-5342 info@glenwoodcenter.com http://www.glenwoodcenter.com/Fred-Martinez.aspx	Children, Adolescents, Bipolar Disorder, Anxiety, Co-occurring Disorders (substance abuse + other disorder), Sports Counseling, Trauma
Dr. Kristy McKiness Ed.D, LCPC, ACS	1444 N. Farnsworth Avenue, Suite 120, Aurora, IL 60505	331-213-9706 ext 3 kristy@thekminstitute.com www.thekminstitute.com	<i>ILFFPS Clinical Director</i> , Trauma, PTSD, Grief, Self Injury, Divorce, Adolescents, Depression, Anxiety, College Adjustment, Weight Loss, Self

			Esteem, Sexual Assault
RJ McNicholl LCSW	201 Springfield Avenue, Suite 605, Champaign, IL 61820	217-722-9079 http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html	ADHD, Depression, Anxiety, Trauma, PTSD, Marriage Counseling, Relationships
Dr. Scott Nelson Ed.D, LCPC, ACS, CRADC, SAP	2 locations: 6066 Strathmoor Drive, Suite C2, Rockford, IL 61107 and 8600 US Highway 14, Suite 105, Crystal Lake, IL 60012	815-916-9970 counselingtransforms@gmail.com https://therapists.psychologytoday.com/rms/name/J.+Scott+Nelson+EdD,NCC,LCPC,CRADC,SAP+Rockford+Illinois+79997	Substance Abuse, Insomnia, Career Counseling, Chronic Relapse, Impulsivity, Depression, PTSD, CISM, Anxiety, Eating Disorders, Sex Addition, Self Harm, Borderline Personality Disorder, Life Transition
Olivia O'Hare LCSW	2948 Artesian Road, Suite 112, Naperville, IL 60564	630-428-7890 http://www.edgewoodclinicalservices.com/counselors/olivia-ohare-lcsw/	Depression and Bipolar Disorder in Children/Teens/Adults , Depression, Anxiety, Parenting Issues, Family Therapy
Lauren Prandato LCSW	1220 Iroquois Avenue, Suite 207, Naperville, IL 60563	815-401-9286 laurenlcsw@yahoo.com https://therapists.psychologytoday.com/rms/name/Lauren+Prandato+(Mcnamara)+MSW,LCSW+Naperville+Illinois+153116	Autism Spectrum, ADHD, Anger, School Issues, Self Esteem, Children and Adolescents
Dr. Ray Redick Psy.D, CADC	901 N. First Street, Suite 225, Springfield, IL 62702	217-788-4065 http://www.memorialeap.org/Our-Team/Ray-Redick.aspx	Substance Abuse and Addiction, Fitness for Duty Evaluations, Anxiety, Divorce, Parenting Issues
Pat Spangler, LCPC, CADC	6392 Linden Road, Rockford, IL 61109	779-368-0060 Pspangler@kpcounseling.com http://www.kpcounseling.com/about-us/staff/pat-spangler/	Substance Abuse and Opiate Addition, Group Therapy, Adolescents

Dene Stamas LCPC	2 E. 22 nd Street, Suite 302, Lombard, IL 60148	630-495-2014 https://therapists.psychologytoday.com/rms/name/Dene T_Stamas_MA,LCPC_Lombard_Illinois_49567	DUI Services, Gambling, Relationship Issues, Internet Addiction, Parenting, Eating Disorders
Michael Sullivan MA, CADC	2200 Main Street, Lombard, IL 60148	630-705-0067 http://www.lifeskillsauthorities.com/content/?s=486&s2= 543&p=543&t=Recovery-Team---Psychotherapy	PTSD, Depression, Anxiety, Addictions
Jim Tifft CADC	25 E Washington Street, Suite 1811, Chicago, IL 60602	312-213-9652 http://npino.com/counselor/1609096544-mr.-james- richard-tifft/	Substance Abuse Services Specifically
Joe Tiarks LCPC	201 Springfield Avenue, Suite 605, Champaign, IL 61820	217-548-4130 http://www.therockcounselinggroup.com/about- us/staff/staff-bios.html	Couples Counseling, Anxiety, Depression
Dr. Kyle Weber Ph.D	1555 Naperville/ Wheaton Road, Suite 201, Naperville, IL 60563	630-581-2215 https://therapists.psychologytoday.com/rms/name/Kyle Weber_PhD_Naperville_Illinois_103490	Eating Disorders, Autism Spectrum Disorder, Depression, Behavioral Issues, Psychological Testing
Dr. Howard Weissman Psy.D	1440 Techny Road, Northbrook, IL 60062	847-412-0922 http://www.stressreliefcenter.com/team/dr-howard-k- weissman/	EMDR, OCD, PTSD, Certified Holistic Healing Techniques
Dr. Myra West Psy.D	1945 S. Halsted Street, Suite 301, Chicago, IL 60608	312-305-8739 https://www.linkedin.com/in/myra-d-west-psy-d- b7ba1b36	Trauma, Expert Witness of Childhood Trauma
Dr. Keith White Ph.D	1802 S. Mattis Avenue, Champaign, IL 61821	217-326-1330 https://carle.org/Providers/Details.aspx?ID=507	Trauma, Chronic Insomnia, Mind/Body Connection, Marriage Counseling

Appendix A: Explanation of Clinician Credentials

- **CADC:** Certified Alcohol and Other Drug Counselor: These individuals may or may not have a master's degree and/or license, but have extensive training in providing substance abuse treatment. CADC is a certification in provision of substance abuse services.
- **LCSW:** Licensed Clinical Social Worker: Clinicians who have the highest licensure level as a master's degree level social worker. **LSW/MSW** is the first tier social work license that is earned prior to the LCSW.
- **LCPC:** Licensed Clinical Professional Counselor: Clinicians who have the highest licensure level as a master's degree level counselor. **LPC** is the first tier counseling license that is earned prior to the LCPC.
- **LMFT:** Licensed Marriage and Family Therapist: Clinicians who have a master's degree and specialize in couples/family therapy. **MFT** is the first tier counseling license that is earned prior to the LMFT.
- **Psy.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
- **Ph.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
- **Ed.D:** Clinicians who have a doctorate degree in Mental Health Counseling and Higher Education. They often teach counseling at universities to master's and doctoral level counselors-in-training in addition to providing mental health services. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCPC license because only psychologists have a license that specifically indicates a doctorate in psychology.
- **DSW:** Clinicians who have a doctorate degree in Social Work. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCSW license because only psychologists have a license that specifically indicates a doctorate in psychology.
- **Psychiatrist:** A medical doctor that specializes in prescribing psychiatric medications. Psychiatrists rarely provide counseling services; they primarily prescribe medications.
- *The above credentials reflect the slight variations between social workers, counselors, psychologists, and psychiatrists; all of whom provide a variety of mental health services.*

