Illinois Firefighter Peer Support Team Provider List

Service Providers That Specialize in Serving Firefighters and First Responders

(This list includes providers from Illinois and other states that have been endorsed by firefighters. The contact information and specializations below contain the information that was given by each provider.)



Mental Health Clinicians

(Please reference Appendix A for explanation of credentials)

Illinois Providers:

Dr. John Baker Ph.D1701 Curtis Road, L. 61822217-365-6206 www.carle.org/Providers/Details.aspx?ID=1064Anxiety, Mood, Forensic, MarriagePh.DState Street, Rockford, IL. 61104815-972-1000PTSDPh.DState Street, Rockford, IL. 61104815-972-1000PTSDLaura Farrar LCPC640 N. River Road, Naperville, IL, suite 108 60563630-718-0717 ext 206 http://fvinstitute.com bio/laura-ahrens-farrar/ booklight@att.netAddictions, Addicescents, Anger, Depression, Mens Issues, Depression, Self Harm, Self Esteem, TraumaDr. Marla Friedman Psy.D417 W. Road, Wheaton, IL 60187, Suite 10630-510-3966 booklight@att.net http://twww.badgeoflife.com/marla-friedman-psy-d-pc- director/Trauma, Sexual Dysfunction, Depression, PTSD, Anxiety, Licensed in IL anguageCheryl Frommelt MS, LCPC640 N. River Road, Suite 108630-718-0717 cheryl@fvinstitute.com http://fvinstitute.com/bio/cheryl-frommelt/Marriage and Family, ADHD (adults & children) Bullying, Sexual Issues, Infertility, Trauma, Depression, Anxiety, Blended Family, AdjustmentJada Hu	NAME	ADDRESS	PHONE/EMAIL/WEB	SPECIALIZATIONS
Champaign, IL 61822PTSDDr. Sherry Falsetti1221 E. State Street, Rockford, IL 61104815-972-1000PTSDPh.DState Street, Rockford, IL 61104630-718-0717 ext 206Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, Mens Issues, Interville, IL 60187, Suite 10Cheryl Frommelt MS, LCPC640 N. River Road, Suite 108630-718-0717Marriage and Family, ADHD (adults & children) Bullying, Sexual Issues, Infertility, Trauma, Depression, Anxiety, Blended Family AdjustmentJada Hudson, MS, LCPC, CADC 263 Main2630-815-3735ILFFPS Clinical Consultant, Substance Abuse, Trauma, Depression, Anxiety, Blended Family Adjustment	Dr. John Baker	1701 Curtis	217-365-6206	Anxiety, Mood,
IL 61822Dr. Sherry Falsetti Ph.D1221 E. State Street, Rockford, IL 61104815-972-1000PTSDPh.DState Street, Rockford, IL 61104815-972-1000PTSDLaura Farrar LCPC640 N. River Road, Naperville, IL, Suite 108 60563630-718-0717 ext 206Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, Self Harm, Self Esteem, TraumaDr. Marla Friedman Psy.D417 W. Road, Node, Kiber Model630-510-3966Trauma, Sexual Dysfunction, Depression, Self Harm, Self Esteem, TraumaPsy.D630-510-3966Trauma, Sexual Dysfunction, Depression, PSD, Anxiety. Licensed in director/Dysfunction, Depression, PSD, Anxiety. Licensed in IL and MI, and is fluent in Sign LanguageCheryl Frommelt MS, LCPC640 N. River Road, Suite 108630-718-0717 cheryl@fvinstitute.com booklight@att.netMarriage and Family, ADHD (aduts & cheryl@fvinstitute.com/bio/cheryl-frommelt/ Maperville, IL 60563Marriage and Family, ADHD (aduts & cheryl@fvinstitute.com/bio/cheryl-frommelt/ AdjustmentJada Hudson, MS, LCPC, CADC2 Locations: 263 Main630-815-3735ILFFPS Clinical Consultant, Substance Abuse, Trauma, Depression, Anxiety, Blended Family, Adjustment	Ph.D	,	www.carle.org/Providers/Details.aspx?ID=1064	Forensic, Marriage
Dr. Sherry Falsetti Ph.D 1221 E. State Street, Rockford, IL 815-972-1000 PTSD Hutp://rockford.medicine.uic.edu/ http://rockford.medicine.uic.edu/ Addictions, Addlescents, Anger, Depression, Mens Laura Farrar LCPC 640 N. River Naperville, IL, Suite 630- 718-0717 ext 206 Addictions, Addlescents, Anger, Depression, Mens Dr. Marla Friedman Psy.D 417 W. Roosevelt Road, Wheaton, IL 60187, Suite 10 630-510-3966 Trauma, Sexual booklight@att.net Trauma, Sexual Dysfunction, Depression, PTSD, Anxiety. Licensed in IL and MI, and is fluent in Sign Larguage Cheryl Frommelt MS, LCPC 640 N. River Road, Suite 108, Naperville, IL 60563 630-718-0717 Marriage and Family, ADHD (adults & cheryl@fvinstitute.com/bio/cheryl-frommelt/ Jada Hudson, MS, LCPC, CADC 2 630-815-3735 ILFFPS Clinical Consultant, Substance Abuse, Trauma,				
Ph.DState Street, Rockford, IL 61104http://rockford.medicine.uic.edu/Addictions, Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, Me				
Rockford, IL 61104http://rockford.medicine.uic.edu/Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, PTSD, Anxiety. Licensed in director/Dr. Marla Friedman Psy.D417 W. Road, Wheaton, IL 60187, Suite 10630-510-3966 booklight@att.net http://www.badgeoflife.com/marla-friedman-psy-d-pc- director/Trauma, Sexual Dysfunction, Depression, PTSD, Anxiety. Licensed in Huand is fluent in Sign LanguageCheryl Frommelt MS, LCPC640 N. River Road, Suite 108, Naperville, IL 60563630-718-0717 http://fvinstitute.com http://fvinstitute.com http://fvinstitute.com/bio/cheryl-frommelt/Marriage and Family, ADIHD (adults & children) Bullying, Sexual Issues, Infertility, Trauma, Depression, Anxiety, Blended Family AdjustmentJada Hudson, MS, LCPC, CADC2 Locations: 263 Main630-815-3735ILFFPS Clinical Consultant, Substance Abuse, Trauma, Abuse, Trauma	•		815-972-1000	PTSD
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108, Naperville, IL 60563cheryl@fvinstitute.com http://fvinstitute.com/bio/cheryl-frommelt/children) Bullying, Sexual Issues, Infertility, Trauma, Depression, Anxiety, Blended Family AdjustmentJada Hudson, MS, LCPC, CADC2630-815-3735 <i>ILFFPS Clinical</i> Consultant, Substance Abuse, Trauma,	•		030-718-0717	
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Jada Hudson, MS, 2 630-815-3735 Blended Family Adjustment Jada Hudson, MS, 2 630-815-3735 ILFFPS Clinical LCPC, CADC Locations: 263 Main Hudson.illffps@att.net Consultant, Substance 263 Main Hudson.illffps@att.net Abuse, Trauma,		12 00505	http://tvinstitute.com/bio/energi frommen/	•
Jada Hudson, MS, LCPC, CADC2630-815-3735AdjustmentLCPC, CADCLocations: 263 Main630-815-3735ILFFPS Clinical Consultant, Substance 				
Jada Hudson, MS, LCPC, CADC2630-815-3735ILFFPS Clinical Consultant, Substance Abuse, Trauma,				
LCPC, CADCLocations: 263 MainLocations: Hudson.illffps@att.netConsultant, Substance Abuse, Trauma,	Jada Hudson, MS	2	630-815-3735	
263 MainHudson.illffps@att.netAbuse, Trauma,		_		
			Hudson.illffps@att.net	
Street, Sugar Pediatric Death,				Pediatric Death,
http://hudsonclinicalcounseling.com/ Chronic Illness,			http://hudsonclinicalcounseling.com/	

			
	Grove, IL		Depression, Children
	60554 and		& Adolescents,
			Womens Issues
	102 South		
	Washington,		
	2 nd floor,		
	Hinsdale, IL		
	60521		
Dr. Rukhsana	120 Ogden	630-920-1795	Board Certified in
Igbul M.D	Avenue,		Psychiatry and Family
(Psychiatrist)	Hinsdale, IL	https://www.doximity.com/pub/rukhsana-iqbal-md	Medicine
(1 59 011101150)	60521		
Katherine	215 N. Main	630-730-2040	First Responder
Johnson LCPC	Street,		Groups, PTSD, Sexual
	Algonquin,	Katiejohnson1211@yahoo.com	Assault, Relationship
	IL 60102		Issues, Depression,
	IL 00102		Anxiety
Dr. Bethany Juby	10522 D.	708-315-2774	Alcohol Abuse, Anger
Psy.D	Cicero	100-515-2774	Management, Family
1 Sy.D	Avenue	https://therapists.psychologytoday.com/rms/name/Bethan	Conflict, Grief,
	Suite 401,	y_Juby_PsyD_Oak+Lawn_Illinois_251687	Trauma, PTSD,
	Oak Lawn,		Weight Loss, Divorce
	IL 60453		A 11' / A
Robert Jackman	311 N. 2 nd	630-721-5765	Addiction, Anger
LCPC	Street, Suite		Management,
	304, St.	http://robertjackmantherapy.com/	Domestic Abuse,
	Charles, IL		OCD, Chronic Pain,
	60174		Divorce, Traumatic
			Brain Injury, LGBT,
			Sex Addition
Mary Krueger	2615 Three	847-908-3472	Anxiety, Trauma,
LCPC	Oaks Road,		Relationships,
	1C #6, Cary,	https://therapists.psychologytoday.com/rms/name/Mary_	Adoption, Post
	IL 60013	JKrueger_MS,LCPC,CGP_Cary_Illinois_46556	Partum, Transgender
Jodi Macaluso	1644	847-776-4500	Substance Abuse,
LCPC, CADC	Colonial		Anxiety,
	Parkway,	www.pbsdoctors.com	Relationships,
	Inverness,		Trauma, Depression,
	IL 60067		Life Transition, Grief
Fred Martinez	2721	815-968-5342	Children, Adolescents,
LCSW	Glenwood		Bipolar Disorder,
	Court,	info@glenwoodcenter.com	Anxiety, Co-occurring
	Rockford, IL		Disorders (substance
	61101	http://www.glenwoodcenter.com/Fred-Martinez.aspx	abuse + other
			disorder), Sports
1			Counseling, Trauma

D. K. M	1444 NT	221 212 0706	
Dr. Kristy	1444 N.	331-213-9706 ext 3	ILFFPS Clinical
McKiness Ed.D,	Farnsworth		Director, Trauma,
LCPC, ACS	Avenue,	kristy@thekminstitute.com	PTSD, Grief, Self
	Suite 120,		Injury, Divorce,
	Aurora, IL	www.thekminstitute.com	Adolescents,
	60505		Depression, Anxiety,
			College Adjustment,
			Weight Loss, Self
			Esteem, Sexual
			Assault
RJ McNicholl	201	217-722-9079	ADHD, Depression,
LCSW	Springfield		Anxiety, Trauma,
	Avenue,	http://www.therockcounselinggroup.com/about-	PTSD, Marriage
	Suite 605,	us/staff/staff-bios.html	Counseling,
	Champaign,		Relationships
	IL 61820		renationships
Dr. Scott Nelson	2 locations:	815-916-9970	Substance Abuse,
Ed.D, LCPC,	6066		Insomnia, Career
ACS, CRADC,	Strathmoor	counselingtransforms@gmail.com	Counseling, Chronic
SAP	Drive, Suite	<u>counseningiralistorins @ ginan.com</u>	Relapse, Impulsivity,
SAI	C2,	https://therapists.psychologytoday.com/rms/name/J.+Sco	Depression, PTSD,
	C2, Rockford, IL	tt_Nelson_EdD,NCC,LCPC,CRADC,SAP_Rockford_Illi	
			CISD, Anxiety, Eating
	61107 and	<u>nois_79997</u>	Disorders, Sex
	0.000 110		Addition, Self Harm,
	8600 US		Borderline Personality
	Highway 14,		Disorder, Life
	Suite 105,		Transition
	Crystal		
	Lake, IL		
	60012		
Olivia O'Hare	2948	630-428-7890	Depression and
LCSW	Artesian		Bipolar Disorder in
	Road, Suite	http://www.edgewoodclinicalservices.com/counselors/oli	Children/Teens/Adults
	112,	via-ohare-lcsw/	, Depression, Anxiety,
	Naperville,		Parenting Issues,
	IL 60564		Family Therapy
Lauren Prandato	1220	815-401-9286	Autism Spectrum,
LCSW	Iroquois		ADHD, Anger, School
	Avenue,	laurenlcsw@yahoo.com	Issues, Self Esteem,
	Suite 207,		Children and
	Naperville,	https://therapists.psychologytoday.com/rms/name/Lauren	Adolescents
	IL 60563	Prandato+(Mcnamara)_MSW,LCSW_Naperville_Illino	
		is 153116	
Dr. Ray Redick	901 N. First	217-788-4065	Substance Abuse and
Psy.D, CADC	Street, Suite		Addiction, Fitness for
-,-,-,	225,		Duty Evaluations,
	<i>223</i> ,		Early Dranautons,

	Springfield	http://www.momorialoon.org/Our Toom/Pou	Anviaty Divora
	Springfield, IL 62702	http://www.memorialeap.org/Our-Team/Ray-	Anxiety, Divorce,
D (C) (L)		Redick.aspx	Parenting Issues
Pat Spangler,	6392 Linden	779-368-0060	Substance Abuse and
LCPC, CADC	Road,		Opiate Addition,
	Rockford, IL	Pspangler@kpcounseling.com	Group Therapy,
	61109		Adolescents
		http://www.kpcounseling.com/about-us/staff/pat-	
	an cond	spangler/	
Dene Stamas	2 E. 22 nd	630-495-2014	DUI Services,
LCPC	Street, Suite	but any lither and a large to day com (may nome / Dance	Gambling,
	302,	https://therapists.psychologytoday.com/rms/name/Dene	Relationship Issues,
	Lombard, IL	T_Stamas_MA,LCPC_Lombard_Illinois_49567	Internet Addiction,
	60148		Parenting, Eating
	2200 14		Disorders
Michael Sullivan	2200 Main	630-705-0067	PTSD, Depression,
MA, CADC	Street,	1	Anxiety, Addictions
	Lombard, IL	http://www.lifeskillsauthorities.com/content/?s=486&s2=	
	60148	543&p=543&t=Recovery-TeamPsychotherapy	
Jim Tifft CADC	25 E	312-213-9652	Substance Abuse
	Washington	1	Services Specifically
	Street, Suite	http://npino.com/counselor/1609096544-mrjames-	
	1811, Chiasan II	richard-tifft/	
	Chicago, IL		
	60602	017 540 4120	Course Course all's a
Joe Tiarks LCPC	201 Springfield	217-548-4130	Couples Counseling,
	Springfield	http://www.thanastrooungalinggroup.com/about	Anxiety, Depression
	Avenue, Suite 605,	http://www.therockcounselinggroup.com/about- us/staff/staff-bios.html	
	,		
	Champaign, IL 61820		
Dr. Kyle Weber	1555	630-581-2215	Eating Disorders,
Ph.D	Naperville/	050-581-2215	Autism Spectrum
ГШ.	Wheaton	https://therapists.psychologytoday.com/rms/name/Kyle_	Disorder, Depression,
	Road, Suite	Weber PhD_Naperville_Illinois_103490	Behavioral Issues,
	201,	Weber_Hitb_Haperville_Hittiois_105+20	Psychological Testing
	Naperville,		I Sychological Testing
	IL 60563		
Dr. Howard	1440	847-412-0922	EMDR, OCD, PTSD,
Weissman Psy.D	Techny		Certified Holistic
VV CISSIIIUII I 55.2	Road,	http://www.stressreliefcenter.com/team/dr-howard-k-	Healing Techniques
	Northbrook,	weissman/	Theuming recommended
	IL 60062	worooman	
Dr. Myra West	1945 S.	312-305-8739	Trauma, Expert
Psy.D	Halsted		Witness of Childhood
10,12	Street, Suite	https://www.linkedin.com/in/myra-d-west-psy-d-	Trauma
	301,	b7ba1b36	Truumu
	501,	07001050	

	Chicago, IL 60608		
Dr. Keith White Ph.D	1802 S. Mattis	217-326-1330	Trauma, Chronic Insomnia, Mind/Body
	Avenue, Champaign, IL 61821	https://carle.org/Providers/Details.aspx?ID=507	Connection, Marriage Counseling

Appendix A: Explanation of Clinician Credentials

- **CADC:** Certified Alcohol and Other Drug Counselor: These individuals may or may not have a master's degree and/or license, but have extensive training in providing substance abuse treatment. CADC is a certification in provision of substance abuse services.
- LCSW: Licensed Clinical Social Worker: Clinicians who have the highest licensure level as a master's degree level social worker. LSW/MSW is the first tier social work license that is earned prior to the LCSW.
- LCPC: Licensed Clinical Professional Counselor: Clinicians who have the highest licensure level as a master's degree level counselor. LPC is the first tier counseling license that is earned prior to the LCPC.
- LMFT: Licensed Marriage and Family Therapist: Clinicians who have a master's degree and specialize in couples/family therapy. MFT is the first tier counseling license that is earned prior to the LMFT.
- **Psy.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
- **Ph.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
- Ed.D: Clinicians who have a doctorate degree in Mental Health Counseling and Higher Education. They often teach counseling at universities to master's and doctoral level counselors-in-training in addition to providing mental health services. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCPC license because only psychologists have a license that specifically indicates a doctorate in psychology.
- **DSW:** Clinicians who have a doctorate degree in Social Work. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCSW license because only psychologists have a license that specifically indicates a doctorate in psychology.
- **Psychiatrist**: A medical doctor that specializes in prescribing psychiatric medications. Psychiatrists rarely provide counseling services; they primarily prescribe medications.
- The above credentials reflect the slight variations between social workers, counselors, psychologists, and psychiatrists; all of whom provide a variety of mental health services.